

## THE IMPORTANCE OF SOCIAL PERSONAL DEVELOPMENT STUDENTS

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### Abstract

Personal social development is very important considering the challenges students face, such as bullying and socializing unhealthily. This research focuses on the need to create a safe and supportive learning environment to support the growth of students' character. The purpose of this study is to explore the importance of social personal development and formulate an effective mentoring program. The method used was a qualitative approach with in-depth interviews and observations of fifteen students, which aimed to understand their experiences regarding bullying and social support at school. The results showed that a large part of the students once experienced or witnessed bullying behavior, which negatively impacted their mental health and concentration in learning. Proposed mentoring programs have personal-social goals To raise students' awareness of the dangers of bullying, build social skills, and create positive relationships with peers. This research emphasizes the importance of collaboration between schools, parents, and the community in supporting the social development of private students, so that it is expected to form a young generation who are not only intelligent in terms of academics, but also have good character and are able to interact in a positive way in public.

**Keywords:** social personal development, students

### Abstrak

Pengembangan sosial pribadi sangat penting mengingat tantangan yang dihadapi siswa, seperti bullying dan bersosialisasi Tidak sehat. Penelitian Ini fokus pada kebutuhan menciptakan lingkungan yang aman dan mendukung pembelajaran Untuk mendukung pertumbuhan karakter siswa . Tujuan studi Ini Untuk mengeksplorasi pentingnya pengembangan pribadi sosial dan merumuskan program bimbingan yang efektif. Metode yang digunakan adalah pendekatan kualitatif dengan wawancara mendalam dan observasi terhadap lima belas siswa, yang bertujuan untuk memahami pengalaman mereka mengenai bullying dan mendukung sosial di sekolah. Hasil penelitian menunjukkan bahwa bagian besar siswa Sekali mengalami atau menyaksikan perilaku bullying, yang berdampak negatif pada kesehatan mental dan konsentrasi Belajar mereka. Program pendampingan yang diusulkan tujuan pribadi-sosial Untuk meningkatkan kesadaran siswa tentang bahaya bullying, membangun keterampilan sosial, dan menciptakan hubungan positif dengan teman sebaya. Penelitian ini menekankan pentingnya kolaborasi antara sekolah, orang tua, dan masyarakat dalam mendukung pengembangan sosial siswa pribadi, sehingga diharapkan dapat membentuk generasi muda yang tidak hanya cerdas dalam hal akademis, tetapi juga memiliki karakter yang baik dan mampu berinteraksi dengan cara yang positif di depan umum.

**Kata Kunci:** Membangun hubungan Sosial, Siswa

## **INTRODUCTION**

Education is one of the aspect important in development source Power human, where objective the main thing No only focused on achievement academic , but also in the formation of character and personality students. At the level School Intermediate First (junior high school), students be in phase a very important development, where they start to form identity self and interaction more social complex. At this time , students will experience Lots change , good significant physical, cognitive, and social .

School is one of the very important place in to form character and behavior teenagers . However a number of problem social appear in a number of year the last one involving students in various schools, The rise of cases revealed and associations free among teenager is one of quite significant problems <sup>1</sup>. Bullying behavior, which is characterized by with action violence or exclusion to Friend peers , have become problem big. In addition, the association free marked with deviant behavior from social norms, such as use cigarettes and drinks hard, also dangerous for mental and psychological health teenager.

In the era of globalization moment this, students No only sued For own skills good academic, but also good interpersonal skills. Interaction positive social can increase confidence self, empathy , and skills student communication <sup>2</sup>. This is very important For build healthy relationship with Friend peers, teachers, and community around. With Thus, development personal social in the environment school be one of factor key in create students who do not only intelligent in a way academic, but also have character and are capable adapt with good in society.

Skills social is skills communication, problem solving problem, taking decision, management self, and relationships with Friend peers that allow somebody For starting, building, and maintaining connection positive social with others <sup>3</sup>. Skills This covers various aspects, such as skills effective communication, which enables individual For convey thoughts and feelings they with clear and precise. In addition, the skills breakdown problem is very necessary in situation conflict, where individual must capable analyze problem, considering various alternatives, and choose the most appropriate solution. Taking a wise decision also becomes part most important from skills social , where individual must capable evaluate consequence from the choice taken , either For self Alone and also for others.

Issues expressed and associations No healthy must get attention seriously . For finish problem This requires a strategy that includes all element school , family and students That Alone . According to Surya, guidance personal social is a process for overcome and resolve problem social personal like adjustment self , solution conflict , and socializing. Guidance personal made For help participant educate solve problems personal that is not enough believe self , anxiety , depression , frustration , pressure, excessive shame , lack of Can concentration and so on . While guidance social is form directed service For help participant educate handle various type problem social like interesting self , isolated or have friends , often quarrel with Friend or anyone else, no Can hang out Good with other people, often fight with other people, no Can accept the rights of others.

Based on understanding mentioned, guidance personal-social defined as a program provided by the counselor For help people in develop behavior positive and solving problem social. According to Abu Ahmadi, guidance personal-social is effort help to student For face problem personal and social they alone , choose group social and activities useful recreation , and effort Alone For finish problem personal , recreational , and social that they face. This program emphasize on approach cognitive and behavioral so that students can apply moral behavior in life everyday . According to Department of National Education (2016), structure and stages , rationale , description needs , goals , objectives , and evaluation is component from structure guidance personal-social in question For increase students' moral behavior .

In concept guidance and counseling, there is reason Why individual need guidance, including guidance personal social, which aims For help they in take decisions and solve problem. In case breakdown problem , problem individual there are some that are social and personal. Counseling and guidance personal social request counselor guide For help individual reach goals and responsibilities answer development personal they For build capable individual socialize and adapt self with its environment.

Development goals personal social is For give student skills social , emotional , and moral skills required For life in society . Individuals who have personal good social expected can build good relationship with others, complete problem in a way constructive , and make a wise decision . Therefore that , the goal from study This is For learn more carry on about importance development personal social, especially with consider problem

thoughts and associations free. It is expected that study This will help in creation of a program that can handle problem this and build character more good students.

## **METHOD**

The study uses qualitative methods to gain a better understanding of both students' experiences and opinions about the development of personal social studies. Qualitative data were obtained through in-depth interviews with fifteen selected students in a targeted manner based on their level of involvement in social activities at school as well as student observations in the school environment. In-depth interviews were conducted to find out more about students' individual experiences of bullying, social support, and their perception of the school environment. Student observation is also carried out to see in a way direct social interaction between students and other people in the school environment. Furthermore, the data collected from observations and interviews were analyzed in a thematic way. Thematic analysis is done by finding themes, keywords, and phrases that appear repeatedly in the data. Then, these themes come together and connect with each other to create a consistent story. Thematic analysis allows researchers to find patterns in the data, which helps them understand the students' experiences and perspectives.

## **RESULTS AND DISCUSSION**

This research was conducted to find out how students' personal social development is. Based on the results of interviews and observations of participants, it was found that most students had experienced or witnessed bullying behavior in the school environment. They describe bullying as an act that is both detrimental in a physical and also emotional way. Some students feel stressed and anxious as a consequence of behavior that has an impact on their study concentration.

The results of interviews with students show that a positive and supportive school environment has a great influence on their growth. Students have the opportunity to improve their social skills, empathy, and confidence because of their own friends, positive friends, and caring teachers. However, often students experience bullying and socializing unhealthily at school which can interfere with their personal social growth. Bullying incidents make students afraid and insecure, which reduces their desire to learn. In

addition, unhealthy habits, such as smoking and heavy drinking, harm students' physical and mental health and inhibit the growth of positive social connections.

Bullying involves aggressive behavior. Definition of Aggressive Solitary is an attack, attack, or act of hostility directed at a person or object. Meanwhile, Alone aggressiveness is a habitual tendency to exhibit hostility, social domination, social power in extreme ways. Bullying and socializing behavior can harm victims and perpetrators as well as the neighborhood school as a whole. Bullies are also at risk of problematic behavior later in life. Victims of bullying often experience psychological trauma, learning difficulties, and even tend to commit acts of violence. Meanwhile, socializing for free can disrupt education and destroy reputational institutions. Taking this issue into account it is important To make efforts To improve students socially.

Research result show that development personal social studies is very important and relevant with challenges faced student this moment. Bullying experiences experienced by students reflect the need attention more in create environment safe and supportive schools. Bullying is not only impact on the victim, but can also create an atmosphere that is not conducive for all over students. Therefore that , guidance program effective personal- social need implemented For reduce bullying behavior and increase awareness student will importance each other respect and empathy.

Mentoring program personal-social aiming For increase awareness student about the dangers of bullying and its importance build good relationship with Friend peers. School mustmake environment Study safe and inclusive where everyone student feel appreciated and accepted . The role of parents is also important in give support emotional to children and teach good moral values . Bullying and socializing issues No healthy can completed in a way effective If There is good cooperation between party school , family , and community . Skills social consists of from four aspect main , namely : 1) behavior to environment , 2) interpersonal behavior , 3) behavior related to with self themselves , and 4) behavior related task.

Skills social personal can functioning as effective protection For prevent intimidation. With skills this, students can more easy understand other people's feelings, convey opinion with the firm way However still polite, and complete conflict without violence. Skills like empathy, communication assertive, and resolution good problems can also be increase confidence self and appreciation self students, so that they No easy

become a victim of bullying. Skills social personal can become fortress strong defense For prevent intimidation. Students more capable understand other people's feelings, expressing opinion they with firm However polite, and complete problem without use violence with skills like empathy, communication assertive, and resolution conflict. Skills good social can also help student become more believe self and respect self they alone, so that they No easy become a shocked victim.

Im The importance of the role of parents in supporting children's social development skills cannot be ignored. By demonstrating positive social behavior in daily life, parents can be a good role model for their children. Parents can also provide opportunities for their children to interact with others, both within the family and outside the family. So, children can learn social skills in a natural way. In addition, strong social support from Peers and teachers also has a great influence on students' emotional well-being. This is in line with previous research that shows that social support can reduce the negative impact of bullying and improve students' mental health. It is therefore important for schools to create a culture of each other, support between students and build positive relationships between students and teachers. Students' involvement in social activities is one of the methods to improve their social and emotional skills. Through this activity, students can learn to collaborate, resolve conflicts, and build confidence. Involving students' programs in social activities can be an effective means to develop their social personas.

portance role of parents in support development skills social child no can ignored. With show behavior positive social in life everyday, parents can become example good role for their children. Parents can also give chance to children they For interact with other people, either in family or outside family. So, the children can Study skills social in a way natural . In addition , support strong social from Friend Peers and teachers also have a big influence on well-being emotional students. This is in line with study previously which shows that support social can reduce impact negative from bullying and improve mental health of students. Therefore that 's important for school For create culture each other support between students and build positive relationship between students and teachers. Involvement student in activity social be one of method For increase skills social and emotional them. Through activity this, students can Study collaborate,complete conflict,

and building trust self. Involving programs student in activity social can become effective means For develop personal their social.

Socializing without students' attention also shows the need for more intensive education about the consequences of deviant behavior. Schools need to provide holistic education, not only in academic aspects but also in character development and social awareness. Thus, personal social development is very important to be carried out as an effort to form students who are not only intelligent in terms of academics, but also have good character and are able to interact positively in the community. Effective personal-social tutoring programs are expected to assist students in overcoming the challenges they face, and equip them with the skills needed to live a better life in the future.

## CONCLUSION

Personal social development is essential to create a safe and supportive learning environment for students. Research shows that bullying and unhealthy socialization can interfere with personal students' social growth, negatively impacting their concentration of learning and mental health. Therefore, an effective personal-social mentoring program is needed to increase students' awareness of the dangers of bullying, build social skills, and create positive relationships with peers. In addition, the role of Counseling guidance teachers (BK) is very important in supporting this development, by providing training to teachers and emotional support to students. In addition, the involvement of parents and the community is also important in creating a culture of mutual support in schools. With a collaborative approach between schools, families and communities, it is hoped that students can overcome the challenges faced and grow into individuals with good character and able to interact in a positive way in public.

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