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ANALYSIS OF EMOTIONAL ELEMENTS IN SHORT STORIES "THIS IS ABOUT ME" BY PUTU AYUB THROUGH CHARACTER EDUCATION PERSPECTIVE

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ABSTRACT

Emotions that are born when reading can change a person's character to be more rational because the basic concept of emotion is an overflow of feelings felt by someone when doing something, with the aim of analyzing the emotional elements of Putu Ayub's short stories and exploring the supporting factors of emotions that occur in real life reality. By using a qualitative approach as a scalpel in examining this literary work entitled about me, it is expected to be able to give birth to a more meaningful deepening of the emotions of the role. The result of this research is the content of character education values that are implemented in Putu Ayub's short story manuscript to produce education on emotional regulation and maturity mindset so that they can be wise in making decisions. Thus, this research is oriented towards the formation of a wise character in thinking, especially in the millennial generation who are still emotionally unstable.

Keywords: Emotional Deepening, Short Stories, Character Education

ABSTRAK

Emosi yang lahir ketika membaca mampu mengubah karakter seseorang menjadi lebih rasional karena konsep dasar emosi adalah sebuah luapan perasaan yang dirasakan oleh seseorang ketika melakukan sesuatu, dengan tujuan untuk menganalisis unsur emosi dari cerita pendek karya Putu Ayub dan menggali faktor pendukung emosi yang terjadi dalam realita kehidupan nyata. Dengan menggunakan pendekatan kualitatif sebagai pisau bedah dalam mengkaji hasil karya sastra yang berjudul ini tentang aku, diharapkan mampu melahirkan pendalaman emosi peran yang lebih bermakna. Adapun hasil dalam penelitian ini yaitu muatan nilai pendidikan karakter yang diimplementasikan pada naskah cerita pendek karya Putu Ayub untuk melahirkan edukasi terhadap pengaturan emosi dan pola pikir kedewasaan sehingga mampu bijaksana dalam mengambil keputusan. Dengan demikian, penelitian ini berorientasi pada pembentukan karakter yang bijaksana dalam berpikir khususnya pada generasi milenial yang masih memiliki emosional yang belum stabil.

Kata Kunci: Pendalaman Emosi, Cerita Pendek, Pendidikan Karakter

INTRODUCTION

Experience can be used as a benchmark in making decisions, this is what we often hear when listening to advice from a teacher. If examined linguistically, the use of the sentence is more likely to be an analytical advice, this is because there are elements of events that must be examined first before acting. Speaking of action or behavior, every generation must have its own time in addressing every problem that exists, and this does not see age, gender or even position. This is because logical actions will only be obtained through life experience both from



personal life and the lives of others, and for the lives of others we can learn not only from movies but from the results of writing and including short stories.

When interacting with other people, the first thing we see is not their physique, nor their appearance or even their vehicle but their character, character is important because character is like clothes that cover the body from shame, so short stories are very good to be used as a medium in shaping the character. According to (Hikmat, 2014) that "the cultivation of character values can be equated with the basic values that determine a person's behavior and his interaction with the surrounding environment, therefore character education is very important because in addition to building a social spirit it is also to build emotional intelligence". Seeing this statement, we can conclude that the relationship between education and short stories on character building is a form of planting basic values that are poured into writing and realized by characterizing characters.

On the other hand, characterization in short stories is not only limited to sweetening the storyline but also determines the meaning to be conveyed so that emocial elements are very important to be inserted, because they determine the meaning conveyed. According to (Milawasri, 2017) states "determining the character of a character, especially a woman, must have a dramatic role emphasis and be poured through her mindset, so that emotions are born that can be learned to be interpreted". Seeing this explanation, we conclude that characterization is the key to a writing and the meaning conveyed, so the reason this research takes a short story by Putu Ayub that tells a woman in the story will be interesting to discuss, especially from the point of view of emotions and character education, in the end the moral message becomes the object of meaning in the story.

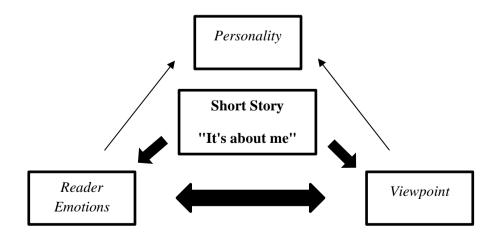


Figure 1: Linguistic Thinking Concept



If we look carefully at the concept image above, we can see that this short story gives birth to 2 objects of the side of thought, namely the point of view and emotions of the reader, while the subject of the character that is highlighted is personality. The purpose of this research is to analyze the emotional elements of Putu Ayub's short stories and explore the supporting factors of emotions that occur in real life reality so that devotion becomes the educational value that will be discussed, even though one component is interconnected but in reality everything is only oriented towards the devotion of the character as the actor in the running of the story.

METHOD

This research uses a qualitative approach using descriptive analysis method. The descriptive analysis method is a technique of describing and analyzing existing facts. According to (Febriyanto & Suryani, 2021) that "the use of descriptive analysis, which includes qualitative research, will be objective because of the process of collecting data in the text and then discussing it analytically and associated with other branches of science". This research focuses on the perspective of character education that focuses on the emotional elements in the short story entitled "this is about me" by Putu Ayub. The research instrument used is an analysis worktable and focuses on the emotional character of the characters in the short story by Putu Ayub.

RESULT AND DISCUSSION

Result

In this section we try to discuss more deeply the character and emotions of each character in Putu Ayub's short stories, and the following discussion:

Goddess Figure

This 32-year-old adult female figure is the main character in the short story entitled "it's about me", from this figure we know the following characters:

1. Angry

Temperamental emotions are usually associated with irritable and offended characters, this is clearly seen from the character played by Dewi in this story, and can be seen from the following quote:

Ah, there's nothing. It's just the same as before," I replied briefly.



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"How is it, are you married?" Hearing that question disturbed my heart. "No need to ask, ah..." I replied to Rebekah with an annoyed heart.

(Me, Him and Them p. 1)

The passage above presents an element of irritable or offended emotions especially regarding personal matters such as family and work, even though this question looks ordinary but for some people this can give birth to quite deep emotions, because we don't know that behind the question has its own trauma and negative memories.

2. Arrogant

Pride is an element of emotion that exists in this story, this can be seen from the following quote:

"Boyfriend? Who are you to go out with me? I'm the prettiest girl in the faculty. Don't you see?"

(Me, Him and Them Page 2)

Sometimes people are judged not by their physique but by their character, the quote indicates that Dewi feels that she has a better physique than anyone else, this is what gives birth to the arrogant nature in the character.

3. Surprised

Surprise is an emotion born from the discomfort of accepting the situation, so that expectations are not achieved and even far from expectations, this can be seen from Dewi's character in the quote:

The next day Dina came to our wedding. To my surprise, it turned out that Dina came in a state of no injury, but pregnant with a stomach that had begun to grow. Antok was shocked. Our wedding was finally canceled.

(Me, Him and Them p. 3)

From the quote we realize that the emotion of surprise is born out of an unexpected situation, but indiscretion is the main factor that causes this to happen.

Aldo's character

This character is only told briefly, but has a role that is enough to decorate the story, as for the characters in the character are as follows:

1. Love

Love is a feeling that must be felt by every human being, but this time the character Aldo feels love and tries to express it, this can be seen from the following quote:



(Me, Him and Them Page 2)

"Dewi, you look so beautiful today," Aldo teased. "Ah, talk," I replied shortly. "There must be something you want Aldo." "Nothing really, I just want to ask you." "Ask what?" I knew in my heart that he wanted to confess his love. It was true, "Will you be my girlfriend?" Aldo asked without shame.

Feelings are real emotions including attraction to the opposite sex, it's just that not all feelings will be reciprocated and even tend to be considered rigid.

Antok's character

Antok's role in this story depicts an immature male character who is still easily carried away by the flow of life.

1. Hate:

Hate is usually born from other people's disappointment with something, and in this case the character Antok manages to create a hateful point of view from his behavior, and this can be seen from the following quote:

It turned out that the accident meant that Dina was pregnant by Antok.

(*Me*, *Him and Them p. 3*)

The sentence above indicates immature behavior that gives birth to an abnormal behavior and tends to harm others.

Rebekah's character

The figure of Dewi's close friend, has an attitude that is :

1. Disappointed

Rebekah is a kind and patient figure, but the emotion of disappointment shown is strongly represented by this character, this can be seen from the following quote:

"Dewi, if you want to get married, that's not the way to do it. Calm yourself," Rebekah comforted me.

(Me, Him and Them p. 3)

Disappointment is usually born out of surprise and inappropriate expectations, and this is very evident in Rebekah's character who feels disappointed to see her friend betrayed.

Let's try to narrow down and summarize the results of the exposure of each character's emotions above, basically each character brings his own emotions and that each sentence brings its own flavor. The emotions mentioned include emotions of anger, pride, surprise, hate,



disappointment, and the last is love, according to (Mustika & Isnaini, 2021) that "semiotically literary works have their own meaning in addressing the art of life, including every written word and emotion in the sentences in literature". From this expression, we understand that the emotions presented by the author are not just sweeteners but there is a philosophical concept tucked inside, even every word will be very meaningful and give birth to an interesting impression by the reader.

Emotional Elements in the Short Story "It's about Me."

Short stories are creations of thought, this is what is often heard by writers. Without us realizing it, writing a story makes us express our thoughts and feelings, this is what sometimes gives birth to emotions in the story. According to (Nur Alika A et al., 2022) that "violence is not always identical to physical violence, but also mental, and this is what the author can create in the story". A brief but clear statement, we get from this argumentation, sometimes the author wants to raise the emotional element of the short story written, as for how the author creates emotions in writing can be written from the reader's point of view or from the character in the character being told.

Speaking of stories, on this occasion what we will discuss is the character and mindset of Dewi in the short story entitled "this is about me" is an emotional and immature woman in mindset, this can be seen from the script. The storyline is short but makes us feel the instability of the character of a woman named Dewi, will make us realize that in Islamic teachings, women are likened to ribs which means a little crooked and must be straightened slowly, this is what is depicted from the figure of the woman in the story. According to (Rosita et al., 2021) that "in the study of socialist phenimism, the female figure is a strong character and has an extraordinary gentle nature, it's just that this character will be born if a woman faces various kinds of conflicts and problems, so that the maturation process will run gradually". Seeing this explanation, we can conclude that maturity is not determined by age or gander, but by the number of problems faced so that it will give birth to maturity in thinking.

Thus, we can conclude that the emotional elements in this short story by Putu Ayub are more oriented towards the emotions of a woman in general, and basically maturity is not measured in anything but in wisdom in addressing a problem. So that the emotion that exists is frustration with oneself for plans that are not mature, and this is found not only in fiction but also in the real world.



Literature as a thinking process is an argument commonly heard from writers, but emotion in writing is a special thing that becomes the author's goal in developing writing results. On this occasion, the writing discussed is Putu Ayub's work entitled *"this is about me"* which was collected from a book entitled *"Aku, Dia dan Mereka"* in 2017. The sub-story *"this is about me"* in short talks about:

"A female character named Dewi who is 32 years old but she is still unmarried, and finally she gets a little insinuation from her old friend named Rebekah, finally she feels uneasy because she hears the insinuation. Dewi was angry and rushed to make a decision to marry any man, and finally she chose her friend named Antok to marry her, but it turned out that the man had even impregnated another woman and finally they canceled the marriage. "

(*Me*, *Him* and *Them*)

Looking at the storyline, we can see that this story has immature characters with unwise decisions. This can be seen from the fragment of the story that reads:

"Rebekah is right, I should be married. I tried to remember my unmarried male friends, but all of them were already married. Except for Antok, my junior in high school, he's two years younger than me. No problem I thought, the important thing is that I get married. Handsome, ah that's number two. Good, that's number three. Diligent, can be ignored. The important thing is that I get married, rather than being considered a weathered bachelor"

(Me, Him and Them, Page 2)

Looking at the fragment of the story, we can see that Dewi's character is very immature in making decisions, she just thinks analogically without considering the impact. According to (Moshinsky, 1959) that "gender or sex sometimes determines human character or assertiveness in reality, it is this psychological or sociological nuance that writers usually want to express in their work". This expression makes us realize that from this passage, the author wants to describe the attitude of women in two perspectives, namely psychological, which is represented by the character of indiscretion and sociological, which is represented by the phrase late marriage.

In addition to the indiscretion of Dewi's figure, she is also described as arrogant and feels the most beautiful, this can be seen from the quote that reads:

I was reminded of my college days. Aldo, a handsome boy from the next faculty, liked to approach me. Occasionally he invited me to eat or walk. Well, as a boarding student I just said yes, it was quite economical while being treated. Until one time the two of us were sitting at Kafe Rindang.

"Dewi, you look so beautiful today," Aldo teased.

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"Ah, talk," I replied shortly. "There must be something you want Aldo." "Nothing, I just wanted to ask you."

"Ask what?" I knew in my heart that he wanted to confess his love. It was true, "Will you be my girlfriend?" Aldo asked without shame.

"Boyfriend? Who are you to go out with me? I'm the prettiest girl in the faculty. Don't you see?" Hearing my words, Aldo's face turned red, his eyes glazed over. Then he left me alone. In the end, we never went out alone.

(Me, Him and Them, Page 2)

The quote explains that there is an arrogant attitude in oneself, so it is easy to look down on others. And if we connect it with character education, the moral value in this short story is very large, besides having to be wise, careful, and even eliminate arrogance in oneself. Revealed by (Mandi et al., 1995) that "character education in short stories will be closely related to moral values, this is considered very important due to the mandate that must be conveyed by the author so that character is a good subject to be used as a foundation". Examining this expression, we can conclude that character education is not only limited to implementation at school but can also be through reading materials that contain social values, on the other hand, being able to present reality can also be a material for joint analysis of a social problem.

Thus, after seeing and understanding the various explanations and theories above, we can conclude that Dewi is a haughty woman who lacks maturity, this is very directly proportional to the current reality. Although the story mentions women, this also applies to men because immaturity sometimes does not see age or gender but wisdom in behavior. So the cultivation of social values in literary works is very important to build awareness and analytical intelligence of the millennial generation.

Discussion

Characterization as a medium for character education

The characters in the story are sometimes ignored, but without realizing it, this character or characterization is very important in the storyline, we cannot deny that characters sometimes become sweeteners and have their own spices in the story. In addition, without realizing it, characterization is the real form of a character so that this can be a reference in behavior. According to (Luh De Liska, 2020) that "the implementation of character values can use a variety of ways and among them are from news media, drama, and even community communication". Examining his expression, makes us realize that characterization may be just a story but for a reader the emotions and characters in the writing will be very important,



especially when the results of the writing have been made into a film. Therefore, characterization is very important to instill character education in children, especially the millennial generation.

Talking about the younger generation or called millennials, writing is not only a learning material but also a social identity. This can be seen from the many young people's communities that have been established and this is sourced from children's literacy who are motivated to realize change; therefore, writing is not only limited to words but has great meaning for some people. According to (Setiawan & Ningsih, 2021) that "various kinds of activities and social phenomena that occur in society are material for joint study, so that the benefits of writing, especially short stories as a medium for character education, are an implementation of moral improvement in society". A short but memorable phrase, this is what makes us realize that writing is not as simple as one might think, therefore the results of any type of writing will affect one's mindset and attitude in acting.

Acting in any case is a difficult decision, this is something that needs to be considered especially in writing and determining characters. Because no matter how simple the character and character can have moral value in front of the public, according to (Muhammad Haris et al., 2018) that "imagination and reasoning towards an object will make an event feel real because of the concept of visualization that occurs in it, so that no matter how small the moral message conveyed in the story will be imprinted in the memory of the reader". The statement is very logical, because in character education there is a maturity process that must be identified logically, this is due to the filtering of information that will give birth to experiences in memory so that the birth of fear not to do the same thing as the character in the writing.

Advice is the savior of life, this is what is expressed by parents who have experienced the salt and pepper of life. Departing from this statement, usually unwisdom is born from the selfish nature of humans towards an event. And it turns out that this is clearly seen in Putu Ayub's short story excerpt which reads:

"On the evening of August 19, 2017, Heny and Sinta came looking for Antok. "Dewi," greeted Heny in a loud tone. "Where's Antok?" asked Sinta. "Not here yet, what's wrong?" I asked curiously.

"That's Dina's accident, Antok has to take care of that," said Sinta.

"Tell you what, when she comes I'll tell her," I replied innocently without knowing what had happened. Because I was busy preparing for the wedding I forgot to tell Antok, until finally the next day Dina came to our wedding. I was shocked to find out that Dina had arrived unharmed, but pregnant with a growing belly."

(Me, Him and Them, Page 3)



Looking at the quote above, we can see the selfishness of Dewi's character which resulted in shame at the end of the story. According to (Zakaria & Hanapi, 2020) that "the sense in a work is an identification of the problems written in the script, this can be felt when we put ourselves not as readers but as the main character". If we interpret the value planting in a literary work, the main character will be the main subject in the spotlight for readers, so that the emotional elements born from Dewi's character will become life lessons for those who understand the essence of the script.

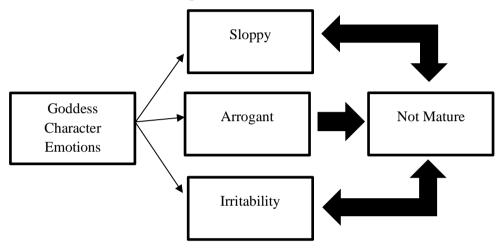


Figure 2: Goddess Figure in the Script

In addition to the main character, the second character named Antok is able to provide its own color, especially Dewi's carelessness in making decisions, therefore the character of the character is very important to consider because short stories are a good medium for slipping educational values, According to (Brier & lia dwi jayanti, 2020) This expression makes us understand that literary works of any kind can be inserted social values as a medium for character education and in the story "*this is about me*" makes us realize that maturity and wisdom in making decisions are important character values, especially for the younger generation who are currently influenced by western thought.

Thus, after we pay attention to each explanation we can conclude that characterization in short stories has a close relationship, this is because the ideas contained in the script will produce its own characteristics in understanding the meaning of the story and on the other hand the emotions of Dewi's character in the story make us understand that maturity can be seen from the character and wisdom in making decisions.

Literature in the Perspective of Character Education



In this study, the character education point of view is used to analyze the moral message that the author wants to convey. As for the elements of emotion that have been discussed in the previous section, it is very clear that each character has their own character, so how does it relate to character education as an educational medium. Therefore, on this occasion, the concept of character education according to (Wulandari, 2015) that "studies in character education cover 9 basic values, namely love of religion, independence, responsibility, honesty, courtesy, generosity, leadership, tolerance and humility". If examined, the relationship between moral values and character education has a close continuity and even complement each other. This is if it even becomes the material of literary sociology studies, expressed by (Aisyah et al., 2019) which explains "the social function in literature is not only to entertain but to try to instill values and norms as a foundation that is expected to be a reflection when looking at the reality of life". Seeing this explanation, the connection with this short story by Putu Ayub is very logical, this is because the emotions in the short story presented by the characters such as emotions of love, anger, hatred and even disappointment are very reasonable and reflect the real life of a human being. On the other hand, the function of character education that has been explained is able to illustrate that emotions are an overflow of anger while character education is a real form of regulating existing emotions.

No.	Emotions in Short Stories	Character Education Values as a Solution	Explanation
1	Love	Love of Religion	The emotion of love is associated
			with religious love in character has
			a close relationship, this is because
			love is born because of the logic
			that runs while religion is the best
			logic director because there are
			certain restrictions that are carried
			out and this becomes more value in
			directing love to be holy and not
			tainted.
2	Anger and hatred	Tolerance	Anger and hate are harmonized
			with tolerance because every
			human being has flaws and must

Table 1 Emotion Analysis Table with Character Education Values



No.	Emotions in Short	Character Education	Explanation
	Stories	Values as a Solution	
			have made mistakes. Therefore,
			tolerance is a way to reduce anger
			and avoid feelings of hatred.
3	Surprised and	Honesty and	Surprise and disappointment are
	disappointed,	responsibility	born because of the discrepancy of
			something, therefore honesty and
			responsibility will increase reduce
			disappointment and even increase
			the trust of others in us.
4	Arrogant	Humble	The opposite of pride is humility,
			which is what can reduce the sense
			of exaggeration. This is because
			everything we have is not ours and
			pride will bring disaster to
			ourselves in the future.

Thus, it can be concluded that a short story is a literary work that is very thick with material for the implementation of character theory that is poured in the form of writing and gives birth to a logical meaning to be discussed and examined together so that emotions will sweeten the story and narrow the moral value while character education is a solution to dealing with this in real life.

CONCLUSION

The content of character education implemented in the script entitled "*it's about me*" makes an understanding of character education that is closely related to the regulation of emotions and the level of maturity towards a decision. So that the emotions that arise in every word conveyed by the characters Dewi, Rebekah and others will be very meaningful if it is associated with the 9 basic values in character education. This is done with the aim that each work becomes quality and has a meaningful educational value and most importantly is complementary to each other.

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