THE IMPLEMENTATION OF SCIENTIFIC APPROACH IN TEACHING ENGLISH READING COMPREHENSION AT 11 GRADE STUDENTS OF SMA MATHLA’UL ANWAR

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Abstract
The aim of the research is to improve students’ reading comprehension through a scientific approach. The research was conducted at SMA Mathla’ul Anwar in the first semester. The researcher used the method of the research is qualitative research, a classroom action research. The research used three cycles. Any cycle exists in four steps. There are planning, action, observation, and reflection. The subjects of the research were 32 students at XI IPA 1 of SMA Mathla’ul Anwar. The researcher collected the data using observation, interview, test, and discussion to collect data that need at the time of the study. It determined the extent of the increase students’ reading comprehension before and after the following scientific approach. most of them have low motivation in the learning activity. Students whose English are good enough have good motivation in the learning activity. Most of the students have low willingness to learn especially when they entered the noon hour lesson.

The analysis of the research data showed that there was an increase in the average and percentage students’ score, from the score in cycle I am 65 or 37.5%, cycle II is 71 or 59%, cycle III is 80 or 100%. It can be said that scientific approach improved students’ reading comprehension at XI IPA 1 of SMA Mathla’ul Anwar in Academic 2018/2019.

Keywords: Students, Improving reading comprehension, Scientific approach

INTRODUCTION
Language has four skills which are speaking, reading, listening, and writing. Reading is an important language skill because without it people cannot get the variety of information which is obtained through reading newspapers, textbooks, and magazines. (Grellet, 1981) states that reading is an active skill, and it always involves predicting, guessing, checking, and asking yourself. Furthermore, Nunan in (Nuringtyas, 2003) states the reading as consisting of four elements; it is text, reader, fluency, and strategy. Especially reading comprehension is not a passive activity. Actually, at a higher level, reading is not just understanding written symbols, but also understanding, accepting, rejecting, comparing and believing in the opinions in the reading. Reading comprehension is an important component in a reading activity because, in essence, reading can improve reading skills, self-owned reading, or reading for the objective of reading. (Andreson, 2003) states reading comprehension can be significantly enhanced if background knowledge can be activated by setting goals, asking questions, making predictions, teaching text structure, and other things.

According to (P. Pearson & D. Jhonson, 1979), reading comprehension involves language, motivation, perception, concept development, and overall experience. In reading activities, response to symbolic stimuli is needed, namely the words that are in reading. Therefore, Richard in (Parmawati & Yugafiati, 2017) state the main objective for reading is somewhat
ignored when students are asked to read difficult text; raising student’s consciousness of main ideas in a text and exploring the organization of a text is essential for good comprehension. That understanding is done by interpreting the meanings that are in words and sentences so that the reader understands or knows the message conveyed the author through the reading. Existing language skills, namely listening, speaking, reading, writing and literary skills are among the English learning that use a scientific approach to the learning process.

The scientific approach was born by adopting scientific learning. In this sense, the scientific approach has the characteristics of a marker as a learning process that can be matched with a process of scientific discovery. Scientific learning is also born because of the 2013 curriculum. The 2013 curriculum or the so-called K-13 refers to observing the essence of the scientific approach. The scientific approach is believed to be a golden sign of developing and developing student attitudes, skills and knowledge.

The scientific approach refers to investigative techniques for a circumstance, acquiring new knowledge, or correcting and assimilating prior knowledge. To be called scientific, the method search (method of inquiry) must be based on evidence from objects obtained from observations, empirical, and measured by the principles of particular observations.

In the understanding of the scientific approach, there are several steps, according to (Musfiqon & Nurdyansah, 2015), the learning process consists of five main learning experience activities namely:

1. Observing
   Observing methods prioritize the meaningfulness of the learning process. This method has certain advantages, such as presenting objects in a real way, students are happy and interested, and easy to implement.

2. Asking
   Effective teachers are able to inspire students to improve and develop the realm of attitudes, skills, and knowledge. When the teacher asks, at that time the teacher guides or guides the students to learn well.

3. Collecting Information / Experiments
   The "Collecting information" activity is a follow-up to asking. This activity is carried out by exploring and gathering information from various sources in various ways.

4. Associating / Processing information
   is processing information that has been collected both limited to the results of collecting or experimental activities or the results of observing activities and collecting information.

5. Communicating.
   This activity is carried out through writing or telling what is found in activities seeking information, associating, and finding patterns. These results are delivered in class and assessed by the teacher as a result of learning of students or groups of students.

In practice, the English teaching and learning process of students is faced with various difficulties in Reading's comprehension, from those difficulties that have an impact on understanding the text which is difficult to achieve the true meaning of reading. Based on the theory above, the researcher decides to utilize the Scientific approach in teaching reading comprehension and want to measure the success of the Scientific approach in the reading comprehension class. The researcher assumes that the Scientific approach can improve the students’ reading comprehension at SMA Mathla’ul Anwar.
METHOD

The design of this research uses Classroom Action Research, (Khasinah, 2015) state Action Research is a process in which educators examine their own practice systematically and carefully using the techniques of research. Besides, (Burns, 2010) states the main aims of AR is to identify a ‘problematic’ situation or issue that the participants – who may include teachers, students, managers, administrators, or even parents. The point is that, as teachers, we often see gaps between what is actually happening in our teaching situation and what we would ideally like to see happening. It process which consists of four essential moments: planning, acting, observing and reflection. This is a type of classroom action research conducted collaboratively between the principal, teacher, and researcher with the effort to improve students’ reading comprehension using a scientific approach.

The subject of the research is all of the student's XI IPA 1 of SMA Mathla’ul Anwar. The researcher chose eleventh-grade students. It consists of 32 students. There are 22 girls and 10 boys. Here, the researcher as an English teacher in the class will teach the material of reading comprehension.

RESULTS AND DISCUSSION

Results

1. The Technique of Collecting Data

Data is an absolute requirement of research. It is a means of proving a hypothesis. Data are used to solve or answer the problems of the research. In order to get the appropriate data, it must be collected by using the appropriate method. In the methods used by is a researcher is an observation in the process of teaching and learning, questionnaire and test for students.

1. Classroom Observation

Observation is carried out to record data that includes the process and result of the implementation of activities to gather evidence of the actions to be evaluated and used as the basis in reflection. The researcher conducted this technique in each action.

2. Interview

The researcher does an interview with the students after cycle, also did an interview with the headmaster. The purpose of the interview is to know more about the quality of the student’s English at school.

3. Students’ Test

Collecting data used in this research is to give a closed test to the student. It was conducted at each end of the lesson in class. In this technique to determine each cycle comprehension, as well as a comparison of students’ reading comprehension of each cycle.

2. Data Analysis

The researcher explained the technique and analysis of the criteria that are used to analyze data as follow:

1. Data Reduction: the researcher conducted the selection of relevant data
2. Data Description: the researcher presented data, both quantitative data and qualitative data. These data are information that can be a conclusion for the researcher. Data description is presented descriptively. It is in a verbal statement, symbol, table, chart, and pictures.

3. Data Verification: the researcher interpreted data based on data description result.

3. Validity of Data

According to Lather in (Arikunto, 2006), there are four strategies to make the instrument are valid. The strategies are:

<table>
<thead>
<tr>
<th>Table 1. Process of validity data</th>
</tr>
</thead>
<tbody>
<tr>
<td>Face Validity</td>
</tr>
<tr>
<td>Triangulation</td>
</tr>
<tr>
<td>Critical reflection</td>
</tr>
<tr>
<td>Catalytic validity</td>
</tr>
</tbody>
</table>

In this research, the researcher used face validity, it is observed the students learning and then make a score of them to collaboration with another instrument, it is triangulation that instrument taken by using some data and then critical reflection, it is about planning for improving students’ reading comprehension by cycle.

4. Criteria of the Successful Research

Classroom Action Research (CAR) is able to be called successful if it can exceed the criteria which have been determined. In this research will succeed when there is 100% of students could pass the assessment score ≥ 70 based on the minimal mastery level criteria (Kriteria Ketuntasan Minimal / KKM) which is adapted from the school agreement (SMA Mathla’ul Anwar).

5. Steps of the Research

The subject in this research is all students of XI IPA 1 of SMA MATHLA’UL ANWAR. The implementation of actions in the Classroom Action Research. It was done includes four steps: 1) Planning action, 2) Implementation of the Action, 3) Observation and, 4) Reflection. We can see the result of the research from cycle I until cycle III from the research below:

<table>
<thead>
<tr>
<th>Table 2. Progress of students in Cycle I</th>
</tr>
</thead>
<tbody>
<tr>
<td>No</td>
</tr>
<tr>
<td>----</td>
</tr>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
</tbody>
</table>
student were asked to ask what is contained in the report text, after that, students were asked to collect and process information from other sources, then students were asked to read what they have gotten from other sources about report text.

The aspect observed are the activities of students during the teaching-learning process either individually or in pair, the students’ ability to show their reading comprehension.

Based on data gotten from the observation to the studying process in this cycle, there are some points gotten, those are: the students’ enthusiastic is good enough but they are still low in reading comprehension because they often practice read a text in the school. The students always make some mistake in pronounce. So the researcher will continue to apply next cycle with different situation that more fun and enjoy learning.

<table>
<thead>
<tr>
<th>No</th>
<th>Action</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Planning</td>
<td>The researcher makes the planning of acting based on reflecting in the first cycle. The researcher arranges the lesson plan that will be done by the scientific approach in cycle II. The researcher chose the material about the narrative text that contents the simple past tense.</td>
</tr>
<tr>
<td>2</td>
<td>Acting</td>
<td>After the researcher explained the narrative text, students were asked to read the narrative text and translate it and ask what they did not understand. Then they were asked to make sentences using simple past forms orally. The researcher asked them to make narrative texts about the topic. After that, the researcher went around checking the work of students. After students complete the narrative text, the researcher checks the text so students use right English.</td>
</tr>
<tr>
<td>3</td>
<td>Observing</td>
<td>The data collection of classroom action research is observed from the researcher and students’ activity during the learning process. The result of the test is better than before. The average is 71. There is progress and some of the students are able to presentation well and confidently. Although some of the students do it well but it still there are some students hesitate to do a presentation and still do the same mistake in pronunciation when they read. In addition, they do not understand what the text means and have a limit vocabulary building.</td>
</tr>
<tr>
<td>4</td>
<td>Reflecting</td>
<td>There is progress in cycle II. Some students are active and look very excited. They are more enthusiastic about reading the text in front of the class. In this cycle, some students have got the concept and they understand what the researcher explained. They can search for meaning in their smartphone dictionary. But there are some students who are still embarrassed to convey what they read and often several times they are wrong in pronunciation.</td>
</tr>
</tbody>
</table>

Table 3. Progress of Students in Cycle II

<table>
<thead>
<tr>
<th>No</th>
<th>Action</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Planning</td>
<td>The researcher makes some activity planning based on reflecting in cycle II. The researcher arranges the lesson plan that will be done by using small group, discussion in cycle III. The researcher chooses the</td>
</tr>
</tbody>
</table>
material about analytical exposition. The researcher divided the students into eight groups. Each group contained four or five students. The researcher prepares an evaluation sheet as the material of reading comprehension through a scientific approach for the students and the researchers’ performance during the teaching process. The strength that the researcher can see: The students are more confident when reading a text even they do some mistake, it does not bother them. The students feel excited and interested in the learning process using scientific approach. They feel free to express their ideas with their friends for making a good text.

2 Acting
The researcher gave one text of analytical exposition to each group. Every group was asked to read the text, find the meaning of some difficult words that they didn’t know before through a dictionary and then discussed its translation. After that, they were asked to read aloud the text and its translation by group one by one and answered the questions based on the text.

3 Observing
The research observed that the students were more active if they worked in a group. This technique also helped the students who have a problem with their pronunciation and grammar. Because in their group, they would discuss the difficulties they found in the text.

4 Reflecting
There was an enhancement in their reading ability. The responses showed that had motivation in learning reading. Their enthusiasm was high when that researcher divided them into groups. The score of students in cycle III follows: the pass students’ are 32 and the fail students are 0. The average was 80

Discussion
The average cycle I am 65 and the percentage are 36%, the average of cycle II are 71 with percentage are 58%, and decided to end the research percentage is 100%. It means the researcher can get a learning target. According to the observation in cycle I, through Scientific Approach in cycle I the research brought into relief that not all students score reached the minimum mastery criteria (KKM) 70 only 12 students or 36%. There was little improvement in students’ reading comprehension. There were most of the students didn’t understand what the text means. The reflection for next was clearly in explaining and ordering to the students. In action 2 of the cycle, this action results better than cycle I 19 students or 58% of students passed minimum criteria. According to the observation, there was an improvement in the students’ reading comprehension through Scientific Approach. But there were still some students don’t understand a meaning difficult word of the text. In the last action of the cycle, as the result in cycle three was improving all of the students have passed the minimum mastery of 32 students or 100%. According to the observation, there was an improvement. Most of the students can read a text fluently and understand what the content of the text means. Besides most of them have a good pronunciation. Scientific approach can improve the students reading comprehension. Use native language to communicate in the learning process. From the three cycles which were done by the researcher, the result of it can be described as follow:

Cycle I: There are 12 pass students of the 32 students
There are 21 fail students of the 32 students
And the average of the cycle I is 65
Cycle II: There are 19 pass students of the 32 students
There are 13 fail students of the 32 students and the average of cycle II is 71

Cycle III: There are 32 pass students of the 32 students
There are 0 fail students of the 32 students and the average cycle III is 80

To make clear the result above, It can be seen by this following:

<table>
<thead>
<tr>
<th>Cycle</th>
<th>Pass</th>
<th>Fail</th>
<th>Average</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cycle 1</td>
<td>12</td>
<td>21</td>
<td>65</td>
<td>37.5%</td>
</tr>
<tr>
<td>Cycle 2</td>
<td>19</td>
<td>13</td>
<td>71</td>
<td>59%</td>
</tr>
<tr>
<td>Cycle 3</td>
<td>32</td>
<td>0</td>
<td>80</td>
<td>100%</td>
</tr>
</tbody>
</table>

The result shows that there is an enhancement in the test result. It can be shown through the average. They are 65 in cycle I, 71 in cycle II, and 77 in cycle III. To make it clear the enhancement of the test result above, it can be seen by this following graphic:

![Graph showing the average for three cycles](image)

Based on the observation result of the students’ activity in the classroom and the evaluation of the students’ reading comprehension score, It can see that the improvement of the students reading competence and the students activities have been improved. The result of the reflection in the cycle showed that there were some improvements in the students’ reading comprehension from cycle one until cycle three.

After doing the research, the researcher finds that some of the students of the XI IPA 1 of SMA MATHLA’UL ANWAR have good ability in reading. Because most of them come from families whose economy is middle and upper class. Students already have basically English course in which they follow. Unfortunately, most of them have low motivation in the learning activity. Students whose English are good enough have good motivation in the learning activity. Most of the students have low willingness to learn especially when they entered the noon hour.
lesson. The low of students’ willingness to learn influences the teacher’s spirit in teaching. In addition, it is the teachers who are sometimes fewer enthusiasm influences the learning activity. Besides the teacher hasn’t found the right method to be applied to the students who have low motivation in learning.

CONCLUSION

Based on the research result of THE IMPLEMENTATION OF SCIENTIFIC APPROACH IN TEACHING ENGLISH READING AT 11 GRADE STUDENTS OF SMA MATHLA’UL ANWAR, the researcher gives conclusion that ability of students’ reading comprehension through Scientific Approach improve significantly with average in cycle I average score is 65 or 36%, cycle II average score is 71 or 58%, cycle III average score is 80 or 100%. This is revealed when the students could answer the question and it can read the text fluently. Scientific Approach is proved to be effective in improving students’ reading comprehension. Students can easily understand reading a text. Students should be active to practice reading from the kind of material given by the teacher and some information from mass media. In order to make students can get a better result in learning English.

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REFERENCES